



THE
LEARNING
DEVELOPMENT
GROUP

Introduction

This accredited short programme is Unit Standard aligned and aimed at individuals who clean in medium-risk and high-risk patient care areas in hospitals, clinics, dentists, veterinary rooms and research institutions.

The programme is practical and focuses on the different types of routine and terminal cleaning and infection control procedures, equipment and materials used in healthcare and medical environments.

It covers cleaning and disinfecting patient care areas and being considerate of patients, cleaning schedules, sequencing, and colour-coding, the risks of working in a healthcare or laboratory facility, bio-waste disposal procedures, spot cleaning body fluid spills, wearing the correct PPE equipment and end of shift procedures and reporting.

Target Audience

This short programme is aimed at those working in high risk and infectious cleaning environments including medical facilities, patient care, research units and dental and veterinary practices.

Entry Requirements

- Competence in Communication (English) at NQF Level 1.
- Competence in Unit Standards 243199, 110471, 243203, 243206, 243194, 243198 and 243202.

Additional Requirements

- You will need access to appropriate workplace activities.
- Access to a PC, software and the internet for online course delivery where applicable.

Health, Safety & Hygiene

Clean High Risk Infectious Environments

SERVICES SETA Statement of Results

US ID:	110466
NQF Level:	2
Credits:	8

Course Delivery & Assessment

We use in-classroom, virtual classroom and blended interactive, facilitated training, group discussions and practical exercises to embed skills.

You will need to:

- Attend all scheduled sessions.
- Demonstrate theoretical and practical understanding of course content.
- Complete practical assignments.
- Participate in group activities and discussions.
- Compile and submit a Portfolio of Evidence (PoE).

To receive your Statement of Results, Clean Wards and Medium Risk, High Risk and Isolation Patient Areas, you will need to compile, submit and be found competent on a Portfolio of Evidence (PoE).

Learning Outcomes

By the end of the short programme, you will be able to:

- Prepare a patient care area for cleaning.
- Use the correct hand washing procedures and materials.
- Use infection control procedures and the correct chemicals and dilutions.
- Use the correct dedicated cleaning equipment for the specific type of cleaning.
- Explain the risks of working in a healthcare environment.
- Clean and disinfect using the correct techniques for above floor surfaces and floors.
- Understand contamination and containment.
- Spot clean spills containing bodily fluids.
- Use the correct waste disposal methods and materials.
- Perform end of shift procedures.





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Course Content

Clean Wards and Medium Risk, High Risk and Isolation Patient Areas

Accreditation Body: **SERVICES SETA**

| SAQA ID: 110466 | Learning Programme ID: NA
| NQF Level: 2 | Credits : 8

Module 1: Prepare Patient Care Areas for Cleaning

- Understand why it is important to wear the correct work clothing for the healthcare cleaning environment
- Understand and use the correct cleaning materials, chemicals and dedicated cleaning equipment
- Follow handwashing procedures
- Select and dilute the correct chemicals and understand the use of disinfectants and infection control procedures
- Understand and explain the risks of working in healthcare facilities and how to minimise risks

Module 2: Clean and Disinfect Above Floor Surfaces

- Be able to greet and explain the importance of greeting patients, doctors, nurses and visitors and the importance of working quietly
- Follow a cleaning schedule and sequence and use an accepted colour-coding wiping system
- Explain cleaning, disinfecting, contamination and containing
- Empty waste bins following procedures and without touching contents

Module 3: Clean Floors

- Use the correct cleaning sequence, disposal methods and equipment
- Explain the importance of dust sweeping
- Use a buffing machine and explain why dedicated plug points are used
- Explain how unplugging patient care equipment can harm patients

Module 4: Spot Clean Spills Containing Bodily Fluids

- Spot clean immediately after spills and wear a plastic apron and disposable gloves
- Apply hospital grade disinfectant at the correct concentration
- Dispose of fluid mopping materials and gloves in a bio-bag

Module 5: Perform Additional Infection Control Procedures in High-risk and Isolation Patient Areas

- Explain why additional infection control measures must be strictly followed in these areas, as specified by the infection control department
- Wear additional PPE, use dedicated equipment, clean and disinfect all environmental surfaces, dispose of waste and disinfect cleaning equipment

Module 6: Perform End of Shift Procedures after Cleaning Medium-risk, High-risk and Isolation Patient Areas

- Dispose of waste according to environmental requirements
- Understand and comply with waste disposal protocols such as holding waste away from one's body during transport and disposal
- Store, clean, disinfect and colour-code cleaning cloths and mops.
- Complete an end of shift report

Our Accredited Organisations



FACULTY
TRAINING
INSTITUTE



Siyangqoba



Siyaya
SKILLS INSTITUTE



PROSERV
SOUTH AFRICA



MBAT
DEVELOP - EMPOWER - GROW

